

4

- Provide adaptations and assistive devices to support daily tasks.
- Use graded challenges to gradually increase independence and confidence.
- Bridge the gap between personal capabilities and everyday demands, improving participation in work, school, and social life.

Behavior Therapy:

Uses structured techniques to encourage positive behaviors and reduce challenging ones.



Role of Behavior Therapist:

- Identifies triggers and patterns behind challenging behaviors
- Teaches coping and self-regulation skills through play and guided reinforcement
- Strengthens positive behaviors by consistently reinforcing desired actions
- Provides structure and predictable routines to reduce anxiety and improve focus

Physical Therapy:

Supports individuals in developing physical strength, balance, movement & coordination.



Role of Physical Therapy:

- Improves gross motor skills (running, jumping, balance).
- Enhances body awareness and coordination.
- Promotes relaxation and body control
- Reduces restlessness and increases focus.

Why Choose Us?



- Highly Qualified and Experienced staff.



- Safe & Secure neighborhood.



- Accessible and spacious building.



- Lush green lawn with recreational facilities & outdoor activities.



- Cutting edge technology and state of the art equipment.



- Well behaved staff and Serene environment.

Get in Touch

Our Working Hours:

Monday – Friday | 9:00 AM – 6:00 PM



(091) 3076001



0337-6767630



27-B(IV), Chinar Road, University Town, Peshawar



www.neuronest.pk

Designed by: Salman Khan





Neuro Nest Autism Center (NNAC)

At Neuro Nest, we provide multidisciplinary therapy services for individuals with neuro developmental, behavioral, and learning challenges.

Our Vision:

To create an inclusive environment where every individual can grow, learn, and thrive.

Our Mission:

To offer evidence-based, individualized therapies through a caring, professional team.

Our Services Include:

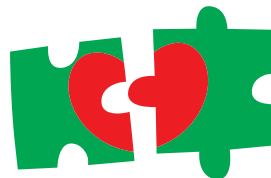
- Speech & Language Therapy
- Occupational Therapy
- Behavior Therapy (IBT)
- Physical Therapy
- Parent Counselling & Group Therapies
- Early Intervention & Developmental Programs
- Adult Rehabilitation & Communication Programs
- Teletherapy as a remote health service

1



We Support Clients With:

- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder (ASD)
- intellectual disability
- Motor disorder (Cerebral palsy , Developmental coordination disorder)
- Down syndrome
- Fragile X syndrome
- Stroke rehabilitation
- Childhood apraxia
- Stuttering and cluttering
- Receptive and expressive language delays
- Developmental language disorders
- Voice problems (hoarseness, strain, pitch issues)
- Feeding and swallowing challenges
- Hearing loss and cochlear implant rehabilitation
- Behaviour problems and mental challenges
- Others neurodevelopmental conditions.



2

Speech & Language Therapy:

Helps individuals to improve their ability to communicate, understand, and express themselves effectively.



Role of Speech Therapist:

- Improves clear speech, intelligibility, and overall communication clarity
- Enhances language skills including understanding, expression, and vocabulary
- Builds social interaction abilities and boosts confidence in conversations
- Supports communication across daily environments and aids recovery after medical or neurological conditions

Occupational Therapy (OT):

Focuses on helping individuals build the skills needed for daily living and independence.



Role of Occupational Therapist:

- Assess abilities, set functional goals (dressing, writing).
- Design activities that boost motor control, sensory processing, social interaction, and cognition.